

“Men and healthy family” NGO

Men’s ministry (Pastor Maidar)

Our men’s motto is “If men are healthy then the whole family will be healthy”. Under this goal we are serving men who are addicted to alcohol, drugs also homeless. We hope through Christ’s power to help transform these men into Godly men who become godly husbands to their wives, good fathers to their children and a positive influence in their church and community.

Starting place:

Ulaanbaatar Mongolia, Bayanzurkh District, 19 and 22 horoo. The people living in this area are very poor and unemployed because many men (husbands fathers) are addicted to alcohol.

Ministry and beyond:

We are starting from this particular location above and we hope in the future to reach the whole city of Ulaanbaatar and whole country through our men’s ministry.

Our ministry methods:

Our rehab center will train men through 3 steps, with each step being a 3 month period of training.

1st step:

- Recovery lessons for drug and alcohol addicted men
- Training for self building
- Learning healthy and normal lifestyle through community life.
- In this step we will provide a very busy schedule through training, bible reading, praying testifying and bible studies.

2nd step:

- Character training
- Training for self development
- Training for professional job
- Working skill development

3rd step:

- Training for self development will continue
- Training for professional job will continue with practices
- Basic teaching of Family life

Training in detail:

1. Recovery lessons

- How to overcome addictions
- Rebuilding the person
- Character training
- Training for self development
- Basic training about the family
 - Healthy family
 - Responsibilities of husband and wife as well as each member of the family.
 - Responsibilities of parents

2. Training to healthy lifestyle

- Learning through community life
- Learning to live through busy and purposeful schedule in everyday life
- Learning to be responsible through living together

3. Training to professional Job and work skills

- Professional training
- Learning, how to handle a small business by practicing in the center
- Re-developing men's old profession and job by providing and giving them a chance to practice the skills that they have forgotten.

4. **Help to make their first step in life after recovery center.**

- Connect them to work or ministry
- Help them to start their own small business
- Encourage and help them to study in the future
- Help them to have their own house. (Mongolia traditional tent "GER")

Needs to start rehab center:

1. **Men power:**

- 2 people that live in the center to serve and assist the men. Each person 300.000 TG salary (US \$245 per month).
- Watchmen's salary per month - 200.000 TG (US \$160)
- 2 people to work on the heating system 24 hours taking turn. Each person 200.000 TG (US \$160)
- Teachers for training 600.000 TG (US \$480)

TOTAL: (per month) 1.800.000 TG (US \$ 1,445)

2. **Needs in the center:**

- 10 double beds - 800.000 TG (US \$642)
- 20 pieces of blankets, mattress, pillows and bed sheets - 600.000 TG (US \$480)
- 20 pieces Hymn books - 100.000 TG (US \$80)
- 20 pieces Bibles - 300.000 TG (US \$240)

TOTAL: (one time) 1.800.000 TG (US \$1,445)

3. Office needs:

- Office use - (printing, copying training materials, tea coffee, paper, tissue) 100.000 TG (US \$80)
- Electric fee - 100.000 TG (US \$ 80)
- Coal and fire woods (only 8 month, during cold season) - 500.000 TG (US \$400)
- Petrol - 200.000 TG (US \$160)

TOTAL: (per month) - 900.000 TG (US \$722)

4. Other needs:

- Repairing heating system - 360.000 TG (US \$289)
- Buy car - 10.000.000 TG (US \$8,000)

TOTAL: (one time) 10.360.000 TG (US \$8,321)

5. Food:

- Meat - 30 kg x 5000 TG - 150.000 TG (US \$120)
- Flour - 50 kg x 2000 TG - 100.000 TG (US \$80)
- Rice - 50 kg x 2500 TG - 125.000 TG (US \$100)
- Noodle (pasta) - 25 kg - 50.000 TG (US \$40)
- Cooking oil, salt, spices - 60.000 TG (US \$48)
- Vegetables (potato, carrot, onion, garlic) - 100.000 TG (US \$80)

- Tea (Chinese green tea 2 plates) - 15.000 TG (US \$12)
- Bread, gem, cookies, sugar..., - 150.000 TG (US \$120)

TOTAL: (per month) - 750.000 TG (US \$ 600)